



OLUME 4 IULY 2023

NEWSLETTER



- Accenture: Business / Information Technology: Learning key concepts in business, professionalism, and personal development
- Behavioral Health: Perfecting resumes and doing a mental health project to bring awareness to certain communities.
- Event Planning/Podcasting:
 Visiting Yamo Studios for a photo shoot and starting
 Episode 2 on Politics.





Accenture: Business/Information Technology

Immersive and interactive professional development training.

Behavioral Health

Learning Sources of Strength (SOS), a best practice youth mental health promotion and suicide prevention program designed to harness the power of peer social networks to create healthy norms and culture, ultimately preventing suicide, violence, bullying, and substance misuse



Event Planning/Podcasting

This program consists of 59 classroom and lab hours and 24 hours of clinical. Students who earn their STNA and excel in the program, will have the opportunity to be immediately placed in a job, making up to \$19.00 per hour.

ACCENTURE: BUSINESS / IT

This week at Accenture, the youth went over key concepts in business, professionalism, and personal development. The concepts learned include:

- Communication Best Practices Learned different communication styles and how to use and recognize them.
- Emotional Intelligence Understanding empathy and self-awareness.
- Goals & Objective Setting Crafted actionable goals and objectives that inspire success.





- L2L Priorities Set goals specifically for the L2L program.
- Project Management Plan Introduced the group structure and individual roles for the group project.
- PowerPoint Basics Participants worked together to create 'Meet the team' slides for their groups.
- Thinking Hat Exercise Identified different thinking patterns and debating topics while wearing different 'hats.'
- Stress-ball making Fun, hands-on exercise that participants really enjoyed, despite a couple of them popping!





Continuing, the instructors covered topics including creating problem statements, researching topics for the group project, creating personal brands, and learning about marketing, public speaking, and storytelling. The youth are ending their week on an excursion to COSI, where they will be working with new technologies and be a part of the interactive museum. The excursion is to showcase opportunities to apply Accenture solutions as though they are scouting out a potential new client.



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BEHAVIORAL HEALTH

Throughout the week, youth listened to guest speakers who presented their companies and teachings about mental health and behavioral awareness. Youth were able to engage, asking questions to gain a deeper understanding. They also created a mental health project to help bring awareness to the LGBTQ community, immigrants, and others. They learned about equal opportunities, with speakers coming in to tell their stories, where they came from and how they got to where they are now. Students participated in debates and playing in a game.





Perfecting Resumes

The youth have been working on creating their resumes with adding their experience and volunteer work. Students were able to ask questions and learn more about perfecting their resumes.



AMP Graduation



Our recent youth graduates were welcomed to the AMP graduation. Christopher Todd, who is in behavioral health (on the right), participated in the graduation. Christopher is interested in a career in politics and is excited for the next steps in his life!



The youth continued to write in their journals, connecting with themselves and navigating through their triggers. The journal helps them find different tools and ways they can help themselves, and others.

Leader of the Week Izabelle Fralick

Our leader of the week is Izzy
Fralick. Izzy has been engaged
in the material throughout the
week and has shown her
knowledge through
participating and helping
others!



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EVENT PLANNING/PODCASTING

Our youth had the opportunity to visit Yamo Media studios to begin the process of taking professional headshots, learning what it is like to have a professional studio setup, editing/operating a green screen, as well as recording reels. They learned the process of setting up a photoshoot and operating the cameras and lights. They learned about the 3 point lighting system including key lights, fill lights and backlights; these lights all play a different role in photoshoots.







The key light mainly places light on the subject. The fill light fills in the shadows on and around the subject. The backlight brings light forward and reduces the shadow and separates the subject from the background and adds depth.

The main lesson they took away: angles mean everything. The way a photo is taken adds meaning and understanding to not only the subject, but the image as well.

The youth began recording episode 2, where each group focused on Politics. Specifically, they zeroed in on women's reproductive rights, a



serious, timely and controversial topic with the recent overturning of Roe v. Wade. Our youth will begin having thought provoking conversations with their peers to be exposed to multiple perspectives.





Leader of the Week Jessica Maynard

This week's "Leader of the Week" is Jessica Maynard. Jessica is being highlighted this week for consistent preparedness for work as well as her participation thus far. She is very quiet, but her efforts are not going unnoticed. She currently attends The Charles School at Ohio Dominican University and she loves listening to music.



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